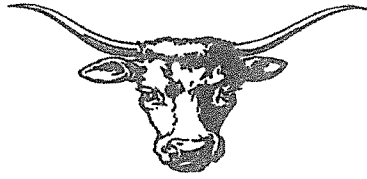


# HYANNIS AREA SCHOOLS

East Highway 2  
P.O. Box 286  
Hyannis, NE 69350

Tel: (308) 458-2202  
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*"Home of the Longhorns"*

Hyannis Area Schools Board Members and Community Members,

Our school district prioritizes the health and wellness needs of our staff and students as well as aims towards providing a safe and positive learning environment, as our motto states: "The Most Caring Place On Earth."

Our current School Wellness Policy 5052 states: The school district is committed to providing a school environment that enhances learning and the development of lifelong wellness. The goals outlined in this policy were determined and selected after reviewing and considering evidence-based strategies."

Upon reviewing our wellness policy as part of the USDA Local Wellness Triennial Assessment requirements, the following are our results:

## **Step #1: Post results of the wellness policy assessment:**

We have discovered our three strength areas to be: utilizing a curriculum promoting physical activity, offering nutritional breakfast and lunches, and providing a safe and positive learning environment.

Our curriculum offers a variety of healthy options. All students grades K-9 are required to take a physical education class on a daily basis and also receive health instruction on a regular basis as well. Students grades 10-12 have the ability to enroll in a lifetime sports class, kinesiology, advanced health class and also strength and conditioning. We also offer as an elective a foods and nutrition class where students can learn about healthy eating options and how to prepare healthy meals.

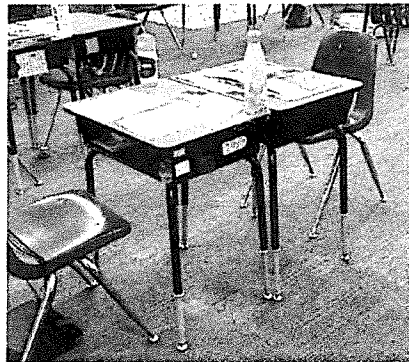
For the 2023-2024 school year we added nutritional breakfasts to our student offerings. This allowed 31% of our students to take advantage of nutritional breakfast to start their day. Because many of our students travel up to 60 minutes to get to school, we found it was imperative to offer a nutritional start to their day. We hope to expand our offerings for the 2024-2025 school year.

Also in 2023-2024 we implemented the farm/ranch to school program for our student lunch program. Students now enjoy locally sourced beef and soon to be eggs from our local producers. We will have knowledge of a majority of the protein our students get from pasture to our plate which gives us tremendous comfort.

A high emphasis is placed on nurturing a positive, safe learning environment. Our district motto is "the most caring place on earth." We strive to offer our students the most caring, loving environment for them to grow and reach their full potential. Our building is locked throughout the day and visitors must ring in and check in at the main office before they can enter the building. This year we also revised our drop off procedures to eliminate students crossing traffic with school buses. This change in procedures also eliminated parents entering the building unannounced when picking up and dropping off students.

**Step #2: Post results on progress made in meeting your three district wellness policy goals at both District, and each building:**

A goal at both the district and each building for Nutrition Promotion and Education in the School Wellness Policy is that water will be made available to students throughout the school day. This goal has been met. Students are allowed to carry a water bottle with them during the school day. We have a water bottle filling station and are in the process of installing another. Below is documentation that this goal has been achieved.



A second goal at both the district and each building for Physical Activity in the School Wellness Policy is that the schools district's curriculums shall include instruction on physical activity and habits for healthy living. This goal has been met. Students have the opportunity to be instructed on proper skills and techniques to utilize to enhance their lifestyles for healthy living. Our Elementary teachers utilize a variety of programs such as DannyGo and Go Noodle for movement exercises and brain breaks, as well as flexible seating options for students. Students are allowed frequent water breaks throughout the day. Studies Weekly and Health and Wellness lessons are incorporated into their weekly plans for teaching healthy living techniques. Below is documentation that this goal has been achieved with pictures of our High School Strength and Conditioning class, as well as Elementary Physical Education class exercises.



The final goal chosen for review at both the district and each building for Other School-Based Activities designed to Promote Student Wellness is that students will be provided sufficient time in which to eat school-provided meals. This goal was met. Students are allowed 30 minutes for their lunch and mindset period. Below for documentation we have provided a daily schedule including the allotted lunch and mindset period times.

**2023-2024**

	1 8:00-8:5 1 8:00-8:4 6	2 8:52-9:4 3 8:47-9:3 3	3 9:44-10: 35 9:34-10: 20	4 10:36-11:2 7 10:21-11:0 7	5 11:28-12 :19 11:08-11 :54	Lunch 12:20-12 :40 Mindset 12:40-12: 50	6 12:51-1: 42 12:26-1: 13	7 1:43-2:3 2 1:14-2:0 0	8 2:33-3:2 4	AGP 3:25-3:3 8
<b>Teacher</b>										
<b>Nollette</b>	<i>Yearbook</i>	Art, Bus, Ag, St. Skills MS Rotation	6th grade -Para	8th grade Math Para	Plan		8th English Para	Elem Art/Independent Art	Elem Art/Independent Art	Juniors
<b>Anderson</b>	7-12 Band	Elementary Music K-1/2	Elementary Music 3/4	5/6 Choir/ Band	HAL/Plan			HAL/Plan	Hal/Plan	7-8 Choir
<b>Casper</b>	Am West/C. Event	World History (10th)	US History (8th)	Geography (7th)	American Gov't (11th)		PLAN	US History (9th)	Ancient Civilizations	
<b>Davis</b>	Intro to Welding	Art, Bus, Ag, St. Skills MS Rotation	PLAN	Welding Fab (12th Elec)	Intro to AG (9th)		Large An Management (11 & 12)	Animal Science (10th)	Construction	
<b>Hiemstra</b>	Weights	Career, College Office	Career, College Office	Weights	Plan		Weights Class (Mrs. Rice girls locker room)	Jr Hi PE/Health	Career, College Office	
<b>Hook</b>		Alg 1 A	Business Math	Alg 1 B (No Students 23-24)						9-12 Math Lab

Jones	Yearbook	Alg 1 (9th)	Alg 2 (11th)	Found of Geom	College Math Review			Photo	Plan	Math Lab	9-12 Math Lab
Lee	Counseling/Library	Art, Bus, Ag, St.Skills MS Rotation	Counseling/Library	Library (girls locker room)	Library			Counseling	Library	Library	
Lenz				DL Room - Geom (10th)	DL Room - Col Alg/Pre Calc						
Schroer	Plan	Elementary PE	Elementary PE	Pre-Alg (8th Grade Math)	Math 7			9th PE/Health	Jr Hi PE/Health	Jr Hi PE/Health	9-12 Math Lab
Provost			English 7								
H. Spurlin	Physics (12th)	Chemistry (11th)	Biology (10th)	Physical Science (9th)	8th Grade Science			7th Grade Science	Biology/AIT. Energies	Plan	
M.Spurlin	Tech Coordinator	Art, Bus, Ag, St.Skills MS Rotation	Pers Fin/Ag Econ (12th)	Digital Media (12th el)	Plan			Plant Sci/Ag Business	Entrep/Ag Leadership	Tech Coordinator NO STUDENTS	
Volz	PLAN (girls locker room)	English 12th	English 9	English 11	English 10			8th English	Applied Comm. Int. Business	Contem Fiction	
Distance Learning		College English 1/2								(Lee) Spanish 1 & 2	

	1	2	3	4	5			6	7	8	
	8:00-8:5	8:52-9:4	9:44-10:	10:36-11:2	11:28-12			12:48-1:	1:40-2:3	2:32-3:2	
	1	3	35	7	:19	Lunch	Mindset	39	1	2	AGP
Teacher	8:00-8:3	8:41-9:2	9:22-10:	10:03-10:4	10:44-11	12:19-12	12:40-12:	11:25-12	12:36-1:	1:19-2:0	3:23-3:4
	9	0	01	2	:23	:39	47	:34	17	0	0

In the future our goal to support our School Wellness Policy will be to establish a Wellness Team Committee with appointed leaders. This Wellness Team Committee will meet annually at the beginning of each school year to review pieces of the policy and any unmet goals. If any pieces or goals need updated or amended the committee will approach the Hyannis Area Schools Board to have those updated and approved.

The public has been notified of this information as it was presented at the school board meeting.

If you have any questions, please contact Travis Hawk, Superintendent, Hyannis Area Schools, [travishawk@hyannislonghorns.org](mailto:travishawk@hyannislonghorns.org), 308-458-2202.

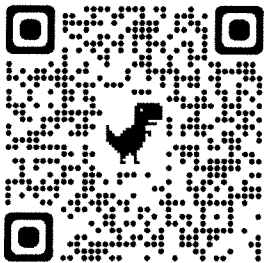
**Step 1- Extent Local Wellness Policy Complies with USDA Requirements and  
Compares to a Model Policy Tracking Tool**  
*(make a copy for your own use)*

Component	Description
<p>Select the Tool used for model LSWP comparison, upload the assessment in your folder: If another tool was used, list it here.</p>	<ul style="list-style-type: none"> <li>• <a href="#">Alliance for a Healthier Generation 10-step Checklist</a></li> <li>• <a href="#">The WellSAT 3.0 School Assessment Tool</a></li> </ul>
<p>Areas of Strength:</p>	<ol style="list-style-type: none"> <li>1. utilizing a curriculum promoting physical activity</li> <li>2. offering nutritional breakfast and lunch</li> <li>3. providing a safe and positive learning environment</li> </ol>
<p>Opportunities for Improvement</p>	<ol style="list-style-type: none"> <li>1.</li> <li>2.</li> <li>3.</li> </ol>
<p>As a result of the comparison, was new language adopted in the LSWP?</p>	<p>Yes <input checked="" type="checkbox"/> No</p>
<p>If yes, briefly describe what was adopted (include page numbers for new language if possible), Have the changes been approved by the school board?</p>	<p>Yes No</p>

Describe the next steps for strengthening your LSWP.

Our goal is to establish a wellness team with appointed leaders. They will meet annually to review pieces of the policy and any unmet goals.

[Return to triennial assessment document](#)



**Discussion/Notes:**

## Step #2: Progress in Reaching LSWP Goals Template

*(make a copy for your own use)*

Goal As defined by your LSWP	Was the Goal Met? Yes/ Partially/ No	What Was Achieved? Describe how you achieved this goal	Documentation Share documents (as links or attachments) used to measure LSWP implementation
<p><i>USDA wellness policy goals outline that 3 goals must be included, 1) nutrition goal, 2) physical activity goal, and 3) other student wellness goal, additional goals are <u>optional</u></i></p>			
<p>1. Nutrition Education Goal(s)- record goal -OR- Nutrition Promotion Goal(s)- record goal</p>	Yes	See Documentation Provided	<p><a href="https://www.hyannislonghorns.org/vimages/shared/vnews/stories/5810bce175381/5052%20School%20Wellness%20June%2010%202024.pdf">https://www.hyannislonghorns.org/vimages/shared/vnews/stories/5810bce175381/5052%20School%20Wellness%20June%2010%202024.pdf</a></p> <p>See file titled Assessment Results in Google folder.</p>
<p>2. Physical Activity Goal(s)- record goal</p>	Yes	See Documentation Provided	<p><a href="https://www.hyannislonghorns.org/vimages/shared/vnews/stories/5810bce175381/5052%20School%20Wellness%20June%2010%202024.pdf">https://www.hyannislonghorns.org/vimages/shared/vnews/stories/5810bce175381/5052%20School%20Wellness%20June%2010%202024.pdf</a></p> <p>See file titled Assessment Results in Google folder.</p>
<p>3. Other student wellness Goal(s)- record goal, <i>this is often where goals to support SEL and Mental health or staff wellness could be included</i></p>	Yes	See Documentation Provided	<p><a href="https://www.hyannislonghorns.org/vimages/shared/vnews/stories/5810bce175381/5052%20School%20Wellness%20June%2010%202024.pdf">https://www.hyannislonghorns.org/vimages/shared/vnews/stories/5810bce175381/5052%20School%20Wellness%20June%2010%202024.pdf</a></p> <p>See file titled Assessment Results in Google folder.</p>
<p>Additional Goal(s) <i>Add more rows as needed</i></p>			

*To return to the overview document, click this link*, Questions, contact:  
[jessie.coffey@nebraska.gov](mailto:jessie.coffey@nebraska.gov)



### Step #3- Extent of Compliance for All Schools with the LSWP

(Make a copy for your use)

Policy Area (Write the requirements included in your LSWP in the column below)	Not Met (Number of Schools)	Partial Compliance (Number of Schools)	Full Compliance (Number of Schools)
Nutrition Education/Promotion Goal(s)			1
Physical Activity Goal(s)			1
Other Student Wellness Goal(s)			1
Non-goal related requirements of LWP- outline how you are meeting these elements in your LPW and the levels of compliance			
<u>Federal/State Meal Standards are Met</u>			1
Foods Offered but Not Sold to Students Standards			1
Food and Beverage Marketing ( <u>SMART Snacks</u> regulations- ala carte and vending, food sales during the school day)			1

District LSWP Components	For the components below, indicate whether the district is in compliance.
Public Involvement- how was the public included in LWP development? (parents, community members, etc.)	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Public Notification- how are you notifying the public about your assessment results?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Triennial Assessment- is this posted publicly? Provide the link	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No

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Questions, contact: [jessie.coffey@nebraska.gov](mailto:jessie.coffey@nebraska.gov)